# Impact of Mobile Phones on Human Life Cycle

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Abstract: Nowadays, Mobile phones turn out to be a major part of our life due to its advanced features. It has been a boon and as well as a curse of owning the handset. Mobile phones are the backbone of communication systems and have experienced enormous growth. In this paper we are discussed as one of the million subscribers of this technology some beneficial aspects and consequence of the mobile phone.

Keywords: Handset, Benefits, Consequence. Impact. Entertainment

### I. INTRODUCTION

In this Era, mobile phone has become fashionable to everybody since it is very handy; with a mobile phone in our hand we can solve many issues and keep most of information around the world. Mobile phones, assist you to the lot of business such as, make schedule of working, and keep in touch with their customers. Initially, when they first came out mobile phones were only useful for communicating; now they are of multiple uses by them.

With the arrival of sophisticated mobile phone it can be used for entertainment purposes also.

Today the people choose a mobile phone because the main reason is you can contact easily to your friends or family members by calling or sending messages everywhere without electricity. Mobile Phone can be use as a effective the leisure time tool to convert human mind from stress level to free level.

#### **II. BENEFICIAL ASPECTS**

ANYTIME AND ANYWHERE: The mobile phones are one of the most essential parts of our life. It is used to the linked with our loved ones in any where. A few years back to make a call (STD or ISD) to your friends or relatives we have to stand in the queues. Now days with help of mobile phones to make a call to your loved person staying even seven seas faraway.



SHORT MESSAGE SERVICE (SMS): Initially we don't know how the SMS it will be work. At the time we can make a call and talk straightaway, but today the SMS revelations are most widely used service across the world

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In many situations we aren't attend a call, at the time we have to do simply send an SMS and without talking, your message has been delivered.

SMS is most frequently used for text message between the friends and co-worker. The Subscription SMS Services can transmit weather, news, sports update and stock quotes to the user phones. To collect your business report for employees of sales inquiries, service stops and other information with the help of SMS services.

Doctors can receive SMS messages regarding the emergencies patient details. Usually the message length is up to 160 characters, though some services use 5-bit mode, the latest mobile phone are 224 characters message are supported.

The mobile phone companies are allow to send certain message with free of cost per day or per month.

EMERGENCY: If we met with any emergency such as accident we can make emergency calls to police department, fire department or ambulance even no coverage of area some emergency call it will be allowed (example 101,111, calls are allowed). To make use of mobile phones to transfer very important signs such as electrocardiogram (ECG) and heart rate have increased instead of early mobile medical system using satellites to establish communications between remote sites and base hospitals.

TO IMPROVE YOUR TRADING: Mobile phones are more useful in trading. With the help of mobile phones, we can in touch with your employees and customers in continuously and get to know about essential information and need with respect to development of your trading.

NAVIGATION IN YOUR HAND: In this new era the recent mobile phones are equipped navigation GPS, GPRS systems. With the help of this system we can find our relatives and friends at any time any where they are GPRS effectively utilize by the public as well as by the government authorities to locate any moving vehicles where they are running at the instant of time.

MINI PC: The Internet facilities and some operating systems are equipped in the latest mobile phones. These types of mobile phones are equivalent to mini computers. So we don't need to wait for the newspapers. We can simply access the internet on your mobile phone and get to know about the latest news, your e-mails, movie shows and a lot of messages we have to download it and sharing the message to your friends also. Using the mobile phone we have to purchase the tickets (railways, air, cinema, etc.,) and also to know about the status of these tickets. With the facilitate of mobile phone instance we make payment to the electric city bill, property tax, water tax, etc., so we can save the time also.

HELP IN LEGAL MATTERS: Now days with the help of mobile phones the police caught lot of criminals. The police can track a criminal via tracking systems the place where his mobile phone is using GPS and also checking a cell

phone's call records give essential (vital) information

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to the defense forces about the criminals.

ENTERTAINMENT: With a Mobile phone in your hand we can playing a games, listen to music, download a picture, movie, chatting to your friends, to view your favorite social networking site such as Face book, MySpace, Twitter, or Utube. So you don't need a TV or PC to get entertained. It is all in your upgraded latest phone.

TRANSFER OF DATA: Mobile phones are equipped with infrared and Bluetooth technologies which allow you to transfer data to one mobile to the other equipment like messages, business card, pictures, music and even videos just in span of seconds.

## **III. CONSEQUENCE**

The main drawbacks of mobile phone to spend not as much of occasion bonding with their family members. Mobile phones have brought a rapid revolution in the field of communication.

It was not possible to get in touch with the person at the specified time, if we don't have the mobile phone. Otherwise if the person having the land line phone, we could maybe contact him. But the mobile phones brought the revolution up to a person will be in touch at any time and anywhere even if we are traveling or some other work.

But not every change that mobile phones have brought is good. It has been causing disturbance in many ways. Where ever there is need for silence, the mobile phone always been a disturbing factor. Places like hospitals, libraries, movie theaters, temples, and even formal meetings cannot be completed these days without the interruption of someone's ringing mobile phone.

# **INJURIOUS TO OUR HEALTH**



Many scientists believe that the radiation from the mobile phones may cause the users to have different symptoms such as headache, earaches, blurring of vision and even causing cancer. Though, these problems are still under research. Mobile Phone waves are injurious to our health. A surgeon may be performing a major surgery at Operation Theater; mobile phone can even disturb him at that point of time. Patients and Visitors carry their mobile phones to prohibited areas within the hospitals like ICU. The radiation emitted from the mobile phones can usually harm or kill the patient in some situations. The mobile phone waves also leads to various stresses which makes the day – to day life of an ordinary man miserable.

While driving people usually make unusual calls which are prohibited by law. Though law and order has taken some preventive action, fatal accidents leading to death have occurred. Many of them have lost their lives or became handicapped loosing their legs, hands, etc., due to the use of mobiles while driving.

Though Mobile Phones have been a pioneer in communication any time every where, the communication can some times lead to increase the stress level of the person. People often get call from their bosses at odd times to get their official work done. This may lead to a problem in the personal life of the self.

Mobile phone addiction is a big social problem. Psychiatrists believe that mobile phone addiction is becoming one of the biggest non-drug addictions in the next century. Now a day's people become addictive to mobile phone where they can relax themselves by playing games, chatting etc., there by regular daily activities get affected. The younger generation becomes addictive to SMS which will leads to affect class room learning, girl's harassment. A person gets the mobile number of a smart girl then calling/SMS'ing her becomes a factor of time pass for him.

#### **ENVIRONMENTAL DEGRADATION**



In order to update the latest advancements in usage people often disposing the mobiles their buy huge dumping caused leads to toxic substances infiltrate into the ground surface and the contamination ground water become mandatory.

#### **IV. CYBER HARASSMENT**

"Cyber bullying" is preteen or teen is tormented, threatened, harassed, humiliated, embarrassed or otherwise targeted by another child, preteen or teen using the Internet, interactive and digital technologies or mobile phones. It has to have a minor on both sides, or at least have been instigated by a minor against another minor. Once adults become involved, it is plain and simple cyber-harassment.

#### V. CONCLUSION

There are still many problems causing but the new technology. Mobile phones with camera functions are causing privacy problems. Saudi Arabia had banned camera phones through out the country while many countries are concern about this problem. This is because many people have misused the usage on the camera phones such as using it as a hidden camera to take photos which are private. The spreading on computer viruses is also a problem for this new technology. Just like computer viruses, these viruses will affect the normal usage on mobile phones making them to malfunction and causing destruction, Mobile phone users are advised to make use of cell phones only when necessary and too in fruitful manner.

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